

WORLD TAI CHI AND QIGONG DAY



APRIL 27, 2024
9 AM TO 12 PM

ASIAN AMERICAN RESOURCE CENTER
8401 CAMERON RD. AUSTIN, TX 78754
(512) 974-1700 AUSTINTEXAS.GOV/AARC

An annual worldwide event to send a wave of peaceful, healing Qi around the world. Beginning in New Zealand at 10 AM in each time zone, ending in Hawaii. Free and open to the public. All levels, styles and ages welcome to participate. This event is produced in collaboration with the Asian American Resource Center.

SCHEDULE

9:00 Pushing Hands
9:30 Opening Group Qigong
10:00 Mass Tai Chi
10:30 Stan Rossi Award
10:45 Closing Group Qigong
10:55 Instructor Group Photo
11:00-12:00 Demonstrations

PARTICIPATING SCHOOLS

AARC/ACC Tai Chi Team	Ip Sun Tai Chi
Alping Tai Chi Center - Austin	Liao Tai Chi
Austin Tai Chi	Movement Improvement
Austin Dong Taijiquan Academy	North Austin T'ai Chi
Austin Systems and Taiji	Rx TaiChi
Chen Tai Chi Association of Austin	Taichi and Chikung Meditation Center
Four Seasons Tai Chi	The T'ai Chi Ohana
Heart of Texas Tai Chi	Tukong Austin
Heloise Gold T'ai Chi/Qi Gong	Soul Good Tai Chi



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